

# Community Food Access Map



## **Downtown Eastside Kitchen Tables**

UPDATED September 2017

# DTES Kitchen Tables Nutritional & Food Quality Standards



The Downtown Eastside Right to Food Philosophy upholds the Human Rights of DTES Residents to abundant, local, fresh and nutritious food that is available across the neighbourhood and delivered in a dignified manner.

The DTES Kitchen Tables Nutritional & Food Quality Standards are guided by and rooted in the DTES Right to Food Philosophy.

**Eat and Serve food that is Fresh and not moldy, stale, damaged or past due.**

**Eat and Serve Whole foods and reduce processed foods.**

**Eat and Serve a Variety of foods for the love of food and to increase nutritional impact.**

**Eat and Serve healthy, Omega Rich Fats in nuts, seeds, fish, olives and avocados.**

**Eat and Serve Whole Grain foods with lots of fibre, like Brown rice, bread and pasta.**

**Eat and Serve food with Water and drink more water throughout the day and night.**

**Relax and Enjoy Eating while eating alone or socializing with others.**

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DTES Kitchen Tables 7 Food Solutions

No. 1 Nutritional & Food Quality Standards

No. 2 Menu Development & Recipes

No. 3 Food Procurement

No. 4 Food Preparation & Processing




















No. 5 Food Distribution

No. 6 Professional Food Industry Expertise

No. 7 Greening DTES Kitchens

The DTES Kitchen Tables Nutritional and Food Quality Standards are the heart of the DTES Kitchen Tables Project and are an expression of the Right to Food Philosophy. We invite you to these adopt these standards in your organization and every day practice.

# LEGEND

















	Women Only
	Members Only – mental health
	Seniors over 50
	Female Sex Trade Workers Only
	HIV Positive Only
	Breakfast
	Lunch
	Dinner
	Low cost meals for purchase
	Coffee/tea
	Soup
	Sandwich
	Hot Dogs
	Snacks/Pastries
	Mandatory Sermon
	Vegetarian Option
	To Go
	Table Service
	Wheelchair Accessible
(100)	Number of meals served – listed after name of organization (if available)

The information contained in this booklet includes free and some low cost, ready-to-eat meal options publicly accessible by DTES residents. We recognize that there are organizations which deliver many additional free meal programs which are reserved for specific groups or facilities in the DTES (ie; resident meal programs, community kitchens). These are not included in this booklet.























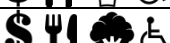

# MONDAY - AM Meals

5 am		
5:30 am		
6 am		
6:30 am		
7 am	WISH – 9 am	
	Dugout (150)	
7:30 am		
8 am	Vancouver Second Mile Society (30)	
8:00 am	First United (200)	
9 am	Carnegie	
	Positive Outlook (100)	
9:30 am		
10 am	Evelyne Saller (200) –12pm	
	DTES Neighbourhood–12pm	
	Gathering Place	
	WISH	
	Christ Church – 11am	
10:30 am		
11 am	Living Room (75)	
	Potter's Place (30)	
	The Door is Open (300)	
	Evelyne Saller (200) – 3pm	
	Sally Ann Harbour Light (450)	
	UGM (150)	
11:30 am	Vancouver Second Mile Society	
	Positive Outlook (100)	
NOON	First United (300)	
	Carnegie	
	Gathering Place	
12:30 pm	DTES Women's Centre (200)	

# MONDAY – PM Meals

1 pm	Sally Ann Anchor of Hope - 4pm	
1:30 pm		
2 pm	Crabtree Corner (100)	
	First United – 3pm	
2:30 pm		
3 pm	DTES Women’s Centre	
	Evelyne Saller– 5:50 pm	
3:30 pm		
4 pm	Living Room (100)	
	Sally Ann Harbour Light (450)	
	Gathering Place	
4:30 pm		
5 pm	Carnegie	
5:30 pm		
6 pm	WISH– 8pm	
6:30 pm	UGM (250)	
7pm	Carrall Street Church (30)	
7:30 pm		
8 pm		
8:30 pm		
9 pm	Potter’s Place (70)	
9:30 pm		
10 pm	WISH	
10:30 pm		
11 pm		
11:30 pm		
MIDNIGHT		
12:30 am		
1 am	WISH	
1:30 am		
2 am		
2:30 am		
3 am		
3:30 am		
4 am		
4:30 am		





























## TUESDAY – AM Meals

5 am		
5:30 am		
6 am		
6:30 am		
7 am	WISH - 9 am	
	Dugout (150)	
7:30 am		
8 am	Vancouver Second Mile Society	
8:00 am	First United (200)	
9 am	Carnegie	
	Positive Outlook (100)	
9:30 am		
10 am	Evelyne Saller – 12pm	
	DTES Women’s Centre	
	Gathering Place	
	WISH	
	Christ Church – 11am	
10:30 am	Oppenheimer Park	
11 am	Living Room (75)	
	Potter’s Place (30)	
	The Door is Open (300)	
	Evelyne Saller – 3 pm	
	Sally Ann Harbour Light (450)	
	UGM (150)	
11:30 am	Vancouver Second Mile Society	
	Positive Outlook (100)	
NOON	First United (300)	
	Carnegie	
	Gathering Place	
12:30 pm	DTES Women’s Centre (200)	

## TUESDAY – PM Meals

1 pm	Oppenheimer Park (130)	
	Sally Ann Anchor of Hope - 4pm	
1:30 pm		
2 pm	Crabtree Corner (100)	
	First United – 3pm	
2:30 pm		
3 pm	DTES Women’s Centre	
	Evelyne Saller – 5:50pm	
3:30 pm		
4 pm	Living Room (100)	
	Gathering Place	
4:30 pm		
5 pm	Carnegie	
5:30 pm		
6 pm	WISH – 8 am	
6:30 pm	UGM (250)	
7 pm	Carrall Street Church (30)	
7:30 pm		
8 pm		
8:30 pm		
9 pm	Potter’s Place (70)	
9:30 pm	Salvation Army Soup Truck	
10 pm	WISH	
10:30 pm		
11 pm		
11:30 pm		
MIDNIGHT		
12:30 am		
1 am	WISH	
1:30 am		
2 am		
2:30 am		
3 am		
3:30 am		
4 am		
4:30 am		

# WEDNESDAY – AM Meals


5 am		
5:30 am		
6 am		
6:30 am		
7 am	WISH – 9 am	
	Dugout (150)	
7:30 am		
8 am	Vancouver Second Mile Society	
8:00 am	The Door is Open (300)	
	First United (200)	
9 am	Carnegie	
	Positive Outlook (100)	
9:30 am		
10 am	Evelyne Saller – 12pm	
	DTES Neighbourhood–12pm	
	Oppenheimer Park	
	Gathering Place	
	WISH	
	Christ Church – 11am	
10:30 am	Oppenheimer Park	
11 am	Living Room (75)	
	Potter’s Place (30)	
	Evelyne Saller – 3pm	
	Sally Ann Harbour Light (450)	
	UGM (150)	
11:30 am	Vancouver Second Mile Society	
	The Door is Open (300)	
	Positive Outlook (100)	
	Christ Church – 12:30am	
NOON	First United (300)	
	Carnegie	
	Crabtree Corner (100)	
	Gathering Place	
	DTES Neighbourhood House–2pm	

















## WEDNESDAY – PM Meals

12:30 pm	DTES Women's Centre (200)	
1 pm	Sally Ann Anchor of Hope - 4pm	
1:30 pm		
2 pm	First United – 3pm	
2:30 pm		
3 pm	DTES Women's Centre	
	Evelyne Saller (200) – 5:50pm	
	The Door is Open (100)	
3:30 pm		
4 pm	Living Room (100)	
	Sally Ann Harbour Light (450)	
	Gathering Place	
4:30 pm		
5 pm	Carnegie	
	DAMS (100)	
5:30 pm		
6 pm	WISH – 8 pm	
6:30 pm	UGM (250)	
7 pm		
7:30 pm		
8 pm		
8:30 pm		
9 pm	Potter's Place (70)	
9:30 pm		
10 pm	WISH	
10:30 pm		
11 pm		
11:30 pm		
MIDNIGHT		
12:30 am		
1 am	WISH	
1:30 am		
2 am		
2:30 am		
3 am		
3:30 am		
4 am		
4:30 am		








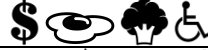















# THURSDAY - AM Meals

5 am		
5:30 am		
6 am		
6:30 am		
7 am	WISH – 9 am	
	Dugout (150)	
7:30 am		
8 am	Vancouver Second Mile Society	
8:00 am	First United (200)	
9 am	Carnegie	
	Positive Outlook (100)	
9:30 am		
10 am	Evelyne Saller – 12pm	
	DTES Women’s Centre	
	Gathering Place	
	WISH	
10:30 am	Oppenheimer Park (120)	
11 am	Living Room (75)	
	Potter’s Place (30)	
	The Door is Open (300)	
	Evelyne Saller – 3pm	
	Sally Ann Harbour Light (450)	
	UGM (150)	
11:30 am	Vancouver Second Mile Society	
	Positive Outlook (100)	
	Christ Church – 12:30pm	
NOON	First United (300)	
	Carnegie	
	Gathering Place	
12:30 pm	DTES Women’s Centre (200)	

















## THURSDAY - PM Meals

1 pm	Sally Ann Anchor of Hope - 4pm	
1:30 pm		
2 pm	Crabtree Corner (100)	
	First United – 3pm	
2:30 pm		
3 pm	DTES Women’s Centre	
	Evelyne Saller – 5:50pm	
3:30 pm		
4 pm	Living Room (100)	
	Gathering Place	
4:30 pm		
5 pm	Carnegie	
5:30 pm		
6 pm	WISH – 8 pm	
6:30 pm	UGM (250)	
7 pm	Carrall Street Church (30)	
7:30 pm		
8 pm		
8:30 pm		
9 pm	Potter’s Place (70)	
9:30 pm		
10 pm	WISH	
10:30 pm		
11 pm		
11:30 pm		
MIDNIGHT		
12:30 am		
1 am	WISH	
1:30 am		
2 am		
2:30 am		
3 am		
3:30 am		
4 am		
4:30 am		

















## FRIDAY – AM Meals

5 am		
5:30 am		
6 am		
6:30 am		
7 am	WISH – 9 am	
	Dugout (150)	
7:30 am		
8 am	Vancouver Second Mile Society	
8:00 am	First United (200)	
9 am	Carnegie	
	Positive Outlook (100)	
9:30 am		
10 am	Evelyne Saller – 12pm	
	Gathering Place	
	WISH	
	Christ Church	
10:30 am	Oppenheimer Park	
11 am	Living Room (75)	
	Potter's Place (30)	
	The Door is Open (300)	
	Evelyne Saller – 3pm	
	Sally Ann Harbour Light (450)	
	UGM (150)	
11:30 am	Vancouver Second Mile Society	
	Positive Outlook (100)	
NOON	First United (300)	
	Carnegie	
	Gathering Place	
12:30 pm	DTES Women's Centre (200)	











































## FRIDAY – PM Meals

1 pm	Sally Ann Anchor of Hope - 4pm	
1:30 pm		
2 pm	Crabtree Corner (100)	
	First United – 3pm	
2:30 pm		
3 pm	DTES Women’s Centre	
	Evelyne Saller – 5:50pm	
3:30 pm		
4 pm	Living Room (100)	
	Sally Ann Harbour Light (450)	
	Gathering Place	
4:30 pm		
5 pm	Carnegie	
	DAMS	
5:30 pm		
6 pm	WISH – 8 pm	
	First United ( <i>sponsorship dependent</i> )	
6:30 pm	UGM (250)	
7 pm	Carrall Street Church (30)	
7:30 pm		
8 pm		
8:30 pm		
9 pm		
9:30 pm		
10 pm	WISH	
10:30 pm		
11 pm		
11:30 pm		
MIDNIGHT		
12:30 am		
1 am	WISH	
1:30 am		
2 am		
2:30 am		
3 am		
3:30 am		
4 am		
4:30 am		










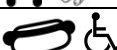






# SATURDAY – AM Meals

5 am		
5:30 am		
6 am		
6:30 am		
7 am	WISH – 9 am	
	Dugout (150)	
7:30 am		
8 am	Vancouver Second Mile Society	
	Mission Possible (100)	
8:30 am		
9 am	Carnegie	
	Positive Outlook (100)	
9:30 am		
10 am	Evelyne Saller – 12pm	
	Gathering Place	
	WISH	
10:30 am	Oppenheimer Park	
11 am	Living Room (75)	
	Potter's Place (30)	
	The Door is Open (300)	
	Evelyne Saller – 3pm	
	Food on the Corner Society (200)	
	UGM (150)	
11:30 am	Vancouver Second Mile Society	
	Positive Outlook (100)	
NOON	Carnegie	
	Gathering Place	
12:30 pm	DTES Women's Centre (200)	

# SATURDAY – PM Meals














1 pm	Carrall Street Church (30)	 
1:30 pm		
2 pm		
2:30 pm		
3 pm	DTES Women’s Centre	   
	Evelyne Saller – 5:50pm	  
3:30 pm		
4 pm	Living Room (100)	    
	Gathering Place	   
	Sally Ann Harbour Light (450)	 
4:30 pm		
5 pm	Carnegie	  
5:30 pm		
6 pm	WISH – 8 pm	  
6:30 pm	UGM (300)	 
7 pm	Living Waters Mission	 
7:30 pm		
8 pm		
8:30 pm		
9 pm	Potter’s Place (70)	 
9:30 pm		
10 pm	WISH	    
10:30 pm		
11 pm		
11:30 pm		
MIDNIGHT		
12:30 am		
1 am	WISH	    
1:30 am		
2 am		
2:30 am		
3 am		
3:30 am		
4 am		
4:30 am		

# SUNDAY – AM Meals

5 am		
5:30 am		
6 am		
6:30 am		
7 am	WISH - 9 am	
7:30 am		
8 am	Dugout (150)	
8:30 am		
9 am	Carnegie	
	Positive Outlook (100)	
9:30 am		
10 am	Evelyne Saller – 12pm	
	Gathering Place	
	WISH	
10:30 am		
11 am	Living Room (75)	
	Potter's Place (30)	
	Living Waters Mission	
	Evelyne Saller - 3pm	
11:30 am	Positive Outlook (100)	
NOON	Carnegie	
	The Door is Open (300)	
	Gathering Place	
12:30 pm	DTES Women's Centre (150)	



## SUNDAY – PM Meals

1 pm	Carrall Street Church (20)	
1:30 pm		
2 pm		
2:30 pm		
3 pm	DTES Women's Centre	
	Evelyne Saller – 5:50pm	
3:30 pm		
4 pm	Living Room (100)	
	Sally Ann Harbour Light (450)	
	Gathering Place	
4:30 pm		
5 pm	Carnegie	
5:30 pm		
6 pm	WISH – 8 pm	
6:30 pm	UGM (300)	
7 pm		
7:30 pm		
8 pm		
8:30 pm		
9 pm	Potter's Place (70)	
9:30 pm	Salvation Army Soup Truck	
10 pm	WISH	
10:30 pm		
11 pm		
11:30 pm		
MIDNIGHT		
12:30 am		
1 am	WISH	
1:30 am		
2 am		
2:30 am		
3 am		
3:30 am		
4 am		
4:30 am		

## **LOCATIONS**

**Carrall Street Church** – 331 Carrall (at Hastings)

**Carnegie** – 401 Main Street (at Hastings)

**Christ Church Cathedral** – 690 Burrard St (at Georgia)

**Crabtree Corner** – 533 E. Hastings (at Jackson)

**The Door is Open** – 373 Cordova (at Dunlevy)

**Downtown Auxiliary Mobile Services** – 412 E. Cordova

**Downtown Eastside Neighbourhood House** – 573 E. Hastings (at Princess)

**Downtown Eastside Women’s Centre** – 44 Cordova (at Columbia)

**Dugout** – 59 Powell (at Carrall)

**Evelyne Saller** – 320 Alexander (at Gore)

**First United** – 320 E. Hastings (at Gore)

**Food on the Corner Society** – Vancouver Courthouse 222 Main (at Cordova)

**Gathering Place** - 609 Helmcken St (at Seymour)

**Living Room** – 528 Powell (at Jackson)

**Living Water’s Mission** – Woodbine Hotel 782 E. Hastings (at Hawks)

**Mission Possible** – 543 Powell (at Dunlevy)

**Oppenheimer Park** – Cordova at Jackson

**Positive Outlook** – 455 E. Hastings (at Jackson)

**Potter’s Place** – 21 E Hastings (at Carrall)

**Salvation Army Anchor of Hope** – 134 E Cordova (at Main)

**Salvation Army Harbour Light** – 119 E Cordova (at Main)

**Salvation Army Soup Truck** – 222 Main (at Cordova)

**UGM** – 601 E. Hastings (at Princess)

**Vancouver Second Mile Society** – 509 E. Hastings (at Jackson)

**WISH** – 330 Alexander (at Gore)

**potluck**



**Downtown Eastside  
Kitchen Tables**

The Downtown Eastside (DTES) Kitchen Tables Project, a program of Potluck Café Society, works in collaboration with residents and community stakeholders to improve the quality, nutritional impact, abundance and delivery of food for the most nutritionally vulnerable DTES residents, while creating jobs in the community.

The DTES Kitchen Tables Project takes a multi stakeholder, Community Economic Development and systems approach to reforming a fragmented and unsustainable charitable food system. The Project is a grassroots expression of the Right to Food philosophy. That means, the Right of Downtown Eastside residents to water and fresh and nutritious food, available across the DTES, delivered in a dignified manner.

## Why does the DTES Kitchen Tables Project exist?

- To collaborate with DTES residents and organizations in creating practical and beneficial DTES Food Solutions
- To increase access to water and quality, nutritious food across the DTES
- To ensure 'real food' for those living with HIV/AIDS, Hepatitis C, and Diabetes
- To create jobs and training for our neighbours
- To create and support innovative food programs and social enterprises
- To support BC and Canadian farmers

To find out more about the DTES Kitchen Tables Project please visit: **[dteskitchentables.org](http://dteskitchentables.org)** or **[potluckcatering.org](http://potluckcatering.org)**

The DTES Kitchen Tables Community Food Access Map is updated annually. For additions or revisions to the information listed in this booklet please contact the DTES Kitchen Tables Project Manager at [dounia@potluckcatering.com](mailto:dounia@potluckcatering.com) / 604-683-0073 ext. 222.

Real-time updates can be found on our digital screens located at the following locations:

<b>Potluck Café</b> <b>30 West Hastings Street</b> <b>(Across from Army &amp; Navy)</b>	<b>Downtown Eastside</b> <b>Women's Shelter</b> <b>412 E, Cordova Street</b>
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We welcome any feedback you may have to help improve this community resource, which can be shared in the following ways:

- Drop off your comments to the Potluck Café (located at 30 West Hastings across from Army & Navy) between 10 am and 2pm, Monday-Thursday
- Share your feedback with the roving DTES Kitchen Tables Nutritional Outreach Team.
- Email or phone the DTES Kitchen Tables Project Manager at:  
604.683.0073 ext. 222 / [dounia@potluckcatering.com](mailto:dounia@potluckcatering.com)

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**potluck**

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*DTES Kitchen Tables acknowledges and honours the fact that our community lies within the Traditional Territory of the Coast Salish people.*