



DTES Kitchen Tables

**7 Mobile Murals representing the 7 Food Solutions
of the
DTES Kitchen Tables Project**
www.dteskitchentables.org

100s of Downtown Eastside residents contributed to painting the **7 Mobile Murals** starting in February 2011, when they were a featured part of the **Right to Food** activities at the 3rd annual **HomeGround** from February 17th – 20th in Oppenheimer Park. Each Mural represents 1 of the **7 Food Solutions** for reforming the quantity, quality and delivery of food in the DTES. The 7 Solutions were determined by the community back in 2009 when the **DTES Kitchen Tables Project** was first created. They're holistic in that they go from "seed to compost" and are key to creating a **DTES Food Economy** which employs low-income residents facing barriers to traditional employment.

The 7 Food Solutions are:

- No. 1 Nutritional & Food Quality Standards**
(...think fresh protein, fruits & vegetables)
- No. 2 Recipes & Menu Development**
(...think creative, tasty and nutritious meals)
- No. 3 Effective Food Procurement**
(...think collective buying from local BC and urban farmers)
- No. 4 Food Preparation & Processing**
(...think creating diverse food related 'jobs' in the preparation of food)
- No. 5 Effective Food Distribution**
(...think no long lineups and many neighbourhood distribution points)
- No. 6 Engaging Food Industry Professional Support**
(...think partnering with creative Chefs with proven kitchen processes)
- No. 7 Greening DTES Kitchens**
(...think food composting & recycling through existing DTES social enterprises)

The creation of the 7 Mobile Murals was overseen by **Ali Lohan** and **Melanie Spence**, the Food Activist at the DTES Neighbourhood House who were helped at every stage by community artists who lent their talents to the Murals. Once finished, the 7 Mobile Murals were hung on the fence at **SOLEfood Urban Farm** on Hastings at Hawkes. The hope is that over time, the Murals will hang at different places across the community to spark discussion and awareness about our Right to Food.



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DTES Kitchen Tables Project: *A Community Led Food Action Plan*

The Project was co-founded in 2009 by the DTES Neighbourhood House and Potluck Café Society. Since July 2011 it's led by Potluck with the DTES Neighbourhood House remaining a cherished collaborator.

DTES Kitchen Tables Outreach Team

Created in January 2011, the Outreach Team is made up of 5 low-income DTES residents who use **Street Theatre** and **Food Jeopardy** to educate community members and people who work in community organizations about **Nutrition** and our **Right to Food**. Maybe you've run into **Bessie Broccoli**, **Wally Water** or **Amy Almond** on a DTES sidewalk?

For more information about the DTES Kitchen Tables Project

www.dteskitchentables.org

or contact

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HomeGround

HomeGround is the multi-day event for homeless and underhoused DTES residents, held in February of 2009, 2010 and 2011 in Oppenheimer Park. It was organized by Carnegie Community Centre and the DTES Neighbourhood House.